



For more inclusive communities – podcasting as a tool

Week 1: Creating a welcoming, inclusive environment

Setting up the basis of what a welcoming, non-judgemental, safe environment is. We are in the very beginning of our programming, and it will define our interactions within the group. We will introduce the use of the medium of a podcast to the group, what it intrinsically means and how it represents a great tool to sharing with the World.

Activities of the day

On our first session discuss what is a “safe space” The good, the bad and everything in-between. Youth will create the “rules” the “conditions” of our own safe space here at Antyx.

Discussion point

We will explore what a safe space is in a community. Why is it important to establish it in every place we go? We cannot nurture people and let them flourish if they do not feel accepted, welcomed and non-judged. Which actions can we put into place to foster it?

Week 2: Discrimination? Inclusion? Integration? Wait... What?

This second week will consist of the introduction of the discussion point of the ten weeks programming: fighting discrimination and fostering inclusion. We will touch base on the different topics of integration, discrimination and inclusion, as well as how they can be addressed through podcasting.

Activities of the day

We will create an overview regarding different discussion points that we would like to address on our speech. How the conversation will flow is unknown, but our high-level planning will allow us to give a structure to our narrative.

What are our views? What do we stand for? Creating the skeleton to our speech will allow for both flexibility and guidance when trying to convey our message.

Discussion point



How does improvising in front of a microphone makes us feel? Change and adaptation are parts of life, so it is a learning process that may come easier than expected when talking to a microphone.

What is discrimination? Are inclusion and integration the same thing? Which approach is better, if any? Do we see discrimination in society on regular basis?

Week 3: Types of discrimination

The third week of our podcasting programming will be focused on exploring the different types of discrimination and discuss them on our podcasts. We will explore how we have felt in our community, what we have experienced and look at scenarios in where they could be occurring. Those could be racial, cultural, physical, ideologic, gender... and more. With the topics, we will practice our podcasting skills.

Activities of the day

Each youth will create some questions and topics on the different types of discrimination, and they will be answered by the other youth on an open mic debate. The aim with the activity is to create a final podcast covering on the ideas of the youth on discrimination and inclusion within their community.

Discussion point

How did you feel on an open debate? You need to follow the conversation and hold your own ideas by contributing to the current speaker ones, did you find it enriching or rather frustrating? Did your view on discrimination change at all by listening to the rest of the participants?

Week 4: How would you include foreigners in your community?

During our fourth week of programming, we are going to be exploring inclusion. We want to dig into how a newcomer to the community can be integrated or included in our existing community. There are many pathways, but how beneficial are they for the included? How much for the community?

Activities of the day



Youth will be preparing questions to ask to a partner or group. We will take roles of the conductor of the podcast and the interviewee. The conductor will also manage the recording and the connection of the devices.

Discussion point

Did you like the figure of the conductor? Would you rather express your view on the topics as the interviewee or guide the conversation on the topics that you have prepared? Were you stiff with your questions or did you have flexibility to shift and modify your course of interviewing depending on the interviewee answers?

Week 5: Existing culture vs foreign culture, the limits of inclusion

In our fifth week we will be exploring the limits of inclusion. What is the impact of immigration on local culture and how would we marry the arrival of newcomers to preservation? Is it always to adopt foreign cultures? Who should have the power to decide, the local culture or the migrant?

Activities of the day

Youth will create a block of content of which they will have ownership. They will create a program regarding the different types of inclusion, following a pre-set structure (also defined by them). Once their scripts are ready, we will record the podcast episode.

Discussion point

This was the first time recording a piece of content on your own. How was this compared to having partners in the podcast? Did you feel insecure or nervous when talking for a longer period of time alone? Do you think that it will improve with time? How does that relate to immigrants? Do you think that they get integrated in the community more as the time passes by?

Week 6: What do we fear when including people? Anti-migration systems

Migration causes controversy. There are many people against the adoption of foreign cultures in their society and there are movements that would radically be against them. But what do



people really fear from migrants? What is the real fear and discrimination behind those movements?

Activities of the day

We will create interviews and each of the groups of participants will take their recording and learn how to edit them to give them a final shape. We will explore the different online sound libraries free of copyright and how to use an open-source software, such as Audacity, to edit our episode.

Discussion point

How would you feel as a migrant in society being discriminated? What would your course of action be? How would you cope with it?



Week 7: Final Project Part 1

Activities of the day

Over the next two weeks youth will bring their voice to life through a unique podcast idea of their choosing. Youth will begin the creation of their final art project for an online release. Today's session will be an open work period for creativity.

Discussion Point

What topic are you going to be addressing and why?

Week 8: Final Project Part 2

Activities of the day

This session is dedicated to providing space for youth to complete their art piece for the showcase. Who are you what's your background how did you get here? These are the bones of any creator's bio. Also a written "artist's" statement, what is your work about and why is it important to you.

Discussion Point

What is the theme of your podcast? Why is it important to you individually and for the community?

Week 9: Release Preparation

Activities of the day

Editing and releasing a podcast? What goes into the visual identity generation etc.

Discussion Point

Were there any emotions evoked from viewing all your pieces in this setting? What was that experience like for you?

Week 10: Pizza Party and Virtual Showcase Posting

Activities of the day

The Film Lab



For the cumulation of the 10-weeks together youth will come together for a celebratory event and posting of the programs. They will be disseminated through Antyx Social Media Posts.

Discussion Point

Reflecting back on the past weeks sessions which one spoke to you the most and why?