



2018-19 was an exciting busy year for Antyx. Our programs provided many creative opportunities for youth to build new skills, make connections with new friends and use the arts to make a difference in their communities.

- In 2018-19 we engaged 446 youth in 27 different community arts groups of six or more sessions.

 This includes our on-going Youth Arts Action groups, spring and summer camp programs and a variety of community arts projects done in collaboration with youth and community organizations.
- 1095 youth attended 38 workshops or events
 facilitated by Antyx staff. These opportunities
 allowed youth to be part of engaging conversations
 focussing on important issues like racism, mental
 health and food security.

Over 2300 people attended community arts
 events, performances or exhibitions created by
 youth. More than 3000 people attended
 community engagement events and celebrations
 supported by Antyx.

Our programs make a positive difference for youth participants;

• Many participants in our ongoing programs identified greater connection to community as being a significant change they experienced in our programs. In response to the question "Because of this program, I feel more connected to my community" 77% of respondents indicated they felt a greater connection.

"Through Antyx I've been given a platform to impact my community in various ways. Also, Antyx gave me the opportunity to widen my outreach and network with important individuals."

o Many participants identified that the most significant change they experienced was either increased confidence or gaining new skills. 81% of respondents to our survey answered that the program had increased their confidence and

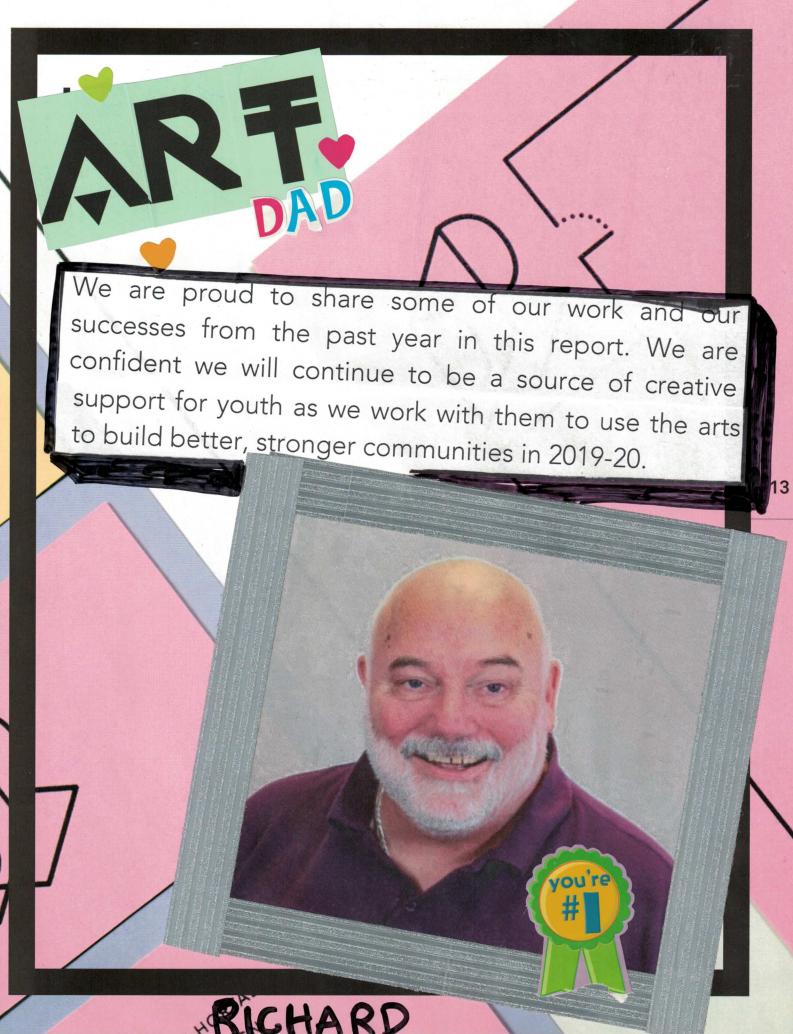
89% of participants indicated they learned new skills in the program.

"My significant change was an increase in confidence due to the fact that I felt like my opinion mattered and my voice was heard."

> o 96% of participants in on-going programs identified that they developed new relationships in the program and 89% responded that they felt more connected to friends because of the program.

"Antyx helped me make new friends who I felt comfortable around. I feel like I got to connect with people who I normally wouldn't talk to."

We are proud of the changes the youth we worked with made in their lives. Their creativity allowed them to create art that explored important issues and might their communities more vibrant and inclusive



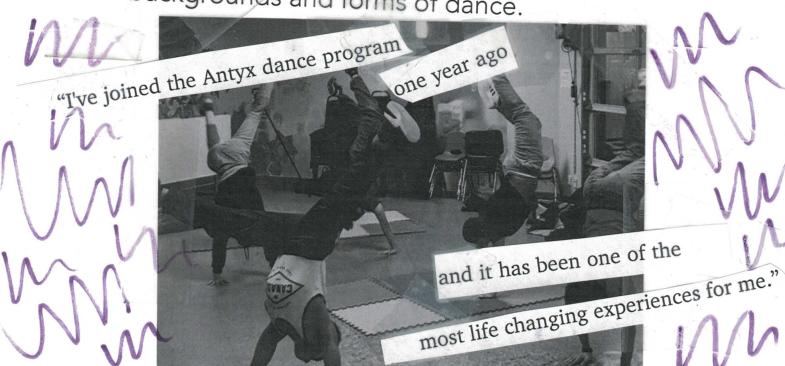


artists, passionate about supporting each other and spreading urban dance. In this program youth come to learn dance from other youth and build on their skills.

The day starts off with a circle where we chat about Hip-Hop and see what events are happening in the community. Then one of our youth teach there particularly style of dance.



To finish off the day we move outside where we play music, rap, and dance with the community in an open cypher. This group runs all year round and has a diverse group of kids from all backgrounds and forms of dance.





Some of these arts-based experiences include but are not limited to: attending theatre/show performances at Arts Commons, performing themselves at a youth open mic night at Genesis Centre for Antyx Youth Voices' Cast Your Shadows, performing at Antyx/12CSI's annual Pink Shirt Day: Anti-bullying Day event, a papermaking workshop at Untitled Art Society, and a curated tour at the Glenbow museum with

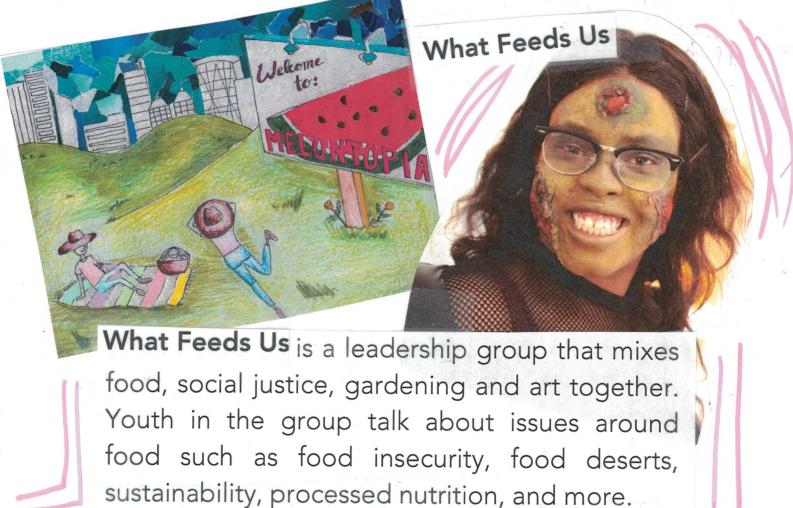
Antyx volunteer Rebecca.



This season, we were lucky enough to partner with Aspen Family and Community Network Services. This long-standing partnership and collaboration brought us both a lovely and skilled facilitator (Kaylee W.) and their programming bus to provide these youths with amazing arts opportunities and



Their final showcase event took place on July 11th and featured collages, spoken word poetry, and improv-theatre



Youth in the group get to make healthy meals and learn how to grow common vegetables and plants. In the last year youth wrote and illustrated a book entitled "Tales of Melontopia" which takes some of their learning around these issues and gives tangible solutions or methods to help resolve them.



Food Centre.



They create opportunities for positive relationship building, and send ripples of positive messages out into the community, all while spreading awareness about self-care and mental health.



people's doorsteps in the community surrounding the Genesis Centre, hoping to make someone's day.



We took the Aspen Youth bus out to the Calgary
Corn Maze, where we got to cuddle with all the baby
animals and celebrate the end of our year together.

Through this work leadership development is encouraged as the youth move through brainstorming, researching, planning, and carrying out community-based projects of all sizes. There have also been opportunities throughout the year, such as on Anti-Bullying Day and during Spring Break Camp, where the youth have helped to facilitate and lead their own workshops for other youth, further encouraging leadership. Youth also become more connected to their peers and a diverse array of community members through collaboration.

"I love coming to volunteer with Youth Arts Action at the end of a long school week. People here have become like family and it feels like coming home. There is a certain warmth to it that just makes me feel cozy"

This program is facilitated by Antyx Community Arts in collaboration with <u>Aspen Youth Matters</u> and aims to empower youth to realize their collective visions for creative change.

"The community that we have
"The community that we have
"The community that we have
I feel
"The community that we have
"The community that we some. I feel
"The community that we sawesome. I feel
"The community that we have and organizing have made. I have learned so much about art and organizing much about art and organizing



Centre.

Reflections!

SPRING





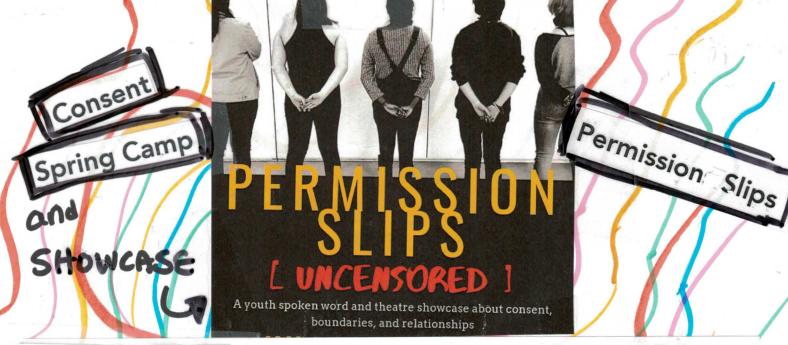
People passing through can come and stand in front
of the mirror and press a button, hearing encouraging
messages and stories from youth and members of the
community.



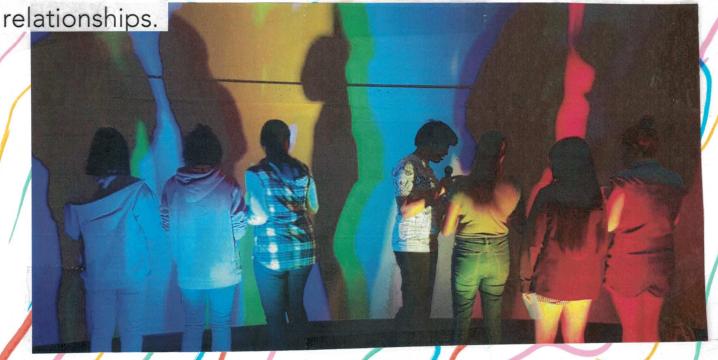
"The people here are so welcoming and really make this feel like a good place to be. I had so much fun and really became much more confident in myself and sharing my ideas. I feel inspired to take better care of myself and to help others love themselves"







Permission Slips was a <u>Victim's Awareness Week</u> showcase funded by the <u>Department of Justice</u> that grew out of our <u>Consent Spring Camp</u>, where our youth wrote and performed their own poetry, spoken word and theatre pieces around the topics of consent, boundaries and relationships



Many of the teens started with little to no performance or arts background, and this was their first ever showcase!



Love has no labels

Ash

Love is me and my smile whenever you are around

Anshitha/Hanshinee

I believe love can fly I believe love will always find a way

Sachini

I never said love has a fairytale ending, With the glass slipper broken, The endless sleeper hoping, The stab wound bleeding, Fairytales were meant for the dreaming

Siyeon

It can determine faith It is like a rollercoaster

Hanshinee

Love should be mutual Love will never fail

Ash

But love is me whenever you make me cry

Jess

Love hurts What do I do now? I can't fall in love with you

Siyeon

Love can change you

Sachini

Careful there, you forgot about the thorns For she has been cared by none Too late your time is up You've waited too long And there, she's gone

Anshitha

Love is beautiful I believe love can stay with me

Jess/Hayley

It makes you feel like... a butterfly in a conservatory Free to explore... but trapped in the world's most beautiful cage Only tasting an illusion.... of freedom

Siwoo

Love is you and me

Ash

Love is whenever I make you cry

Hanshinee

I believe love can stab you in the back

Hayley

Love is mesmerizing destruction

Siwoo

Love is like a trainwreck

But down it crashes with a scream White with shock and gripping onto the handlebar As the sky blurs and the world spins around you

Siyeon

Love is hate Love hurts Love can break close relationships

Siwoo

Love can stay strong

Hanshinee/Anshitha

Love is patient Love is kind

Love is when we cry together

Anshitha

It can strengthen relationships

Hayley

Love is beautiful agony

Siwoo

Love is prison Love is free

Put your hand next to a broken piece of glass Did you try to take it back only for it to sting more Did you feel the pain?

Hanshinee

Love has no endpoint Whether you like it or not

EVERYONE

Love stays with you forever

(PERFORMED @

PERMISSION SLIPS 2019





Bob Bahan Summer Camp

Bob Bahan Summer Antyx Partnered with 15 youth to

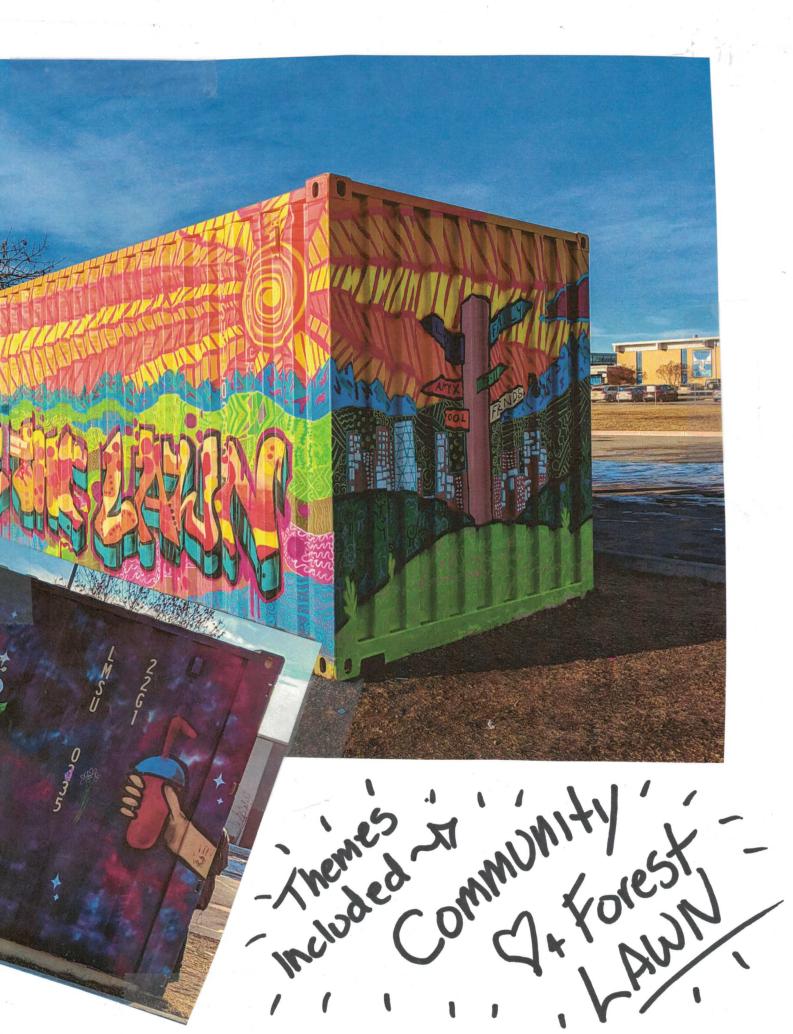
Last summer Antyx Partnered with 15 youth to

Of Calgary and worked urban mural.

Of Calgary and create an urban design and create an urban design and create an urban mural.

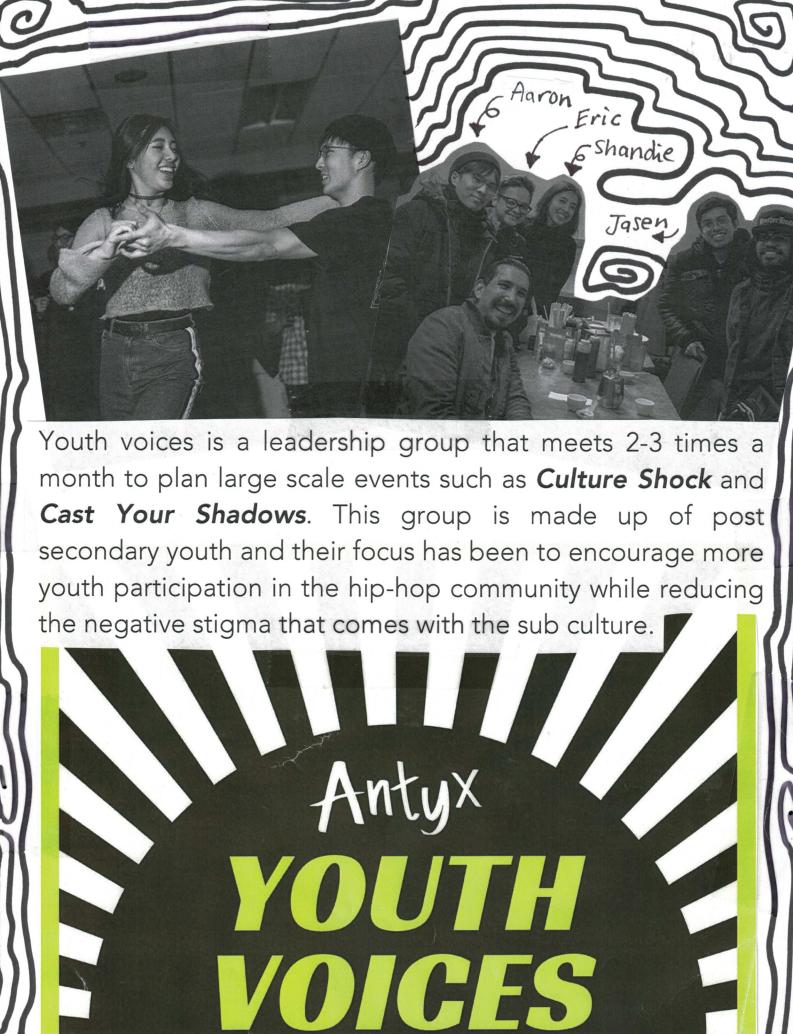


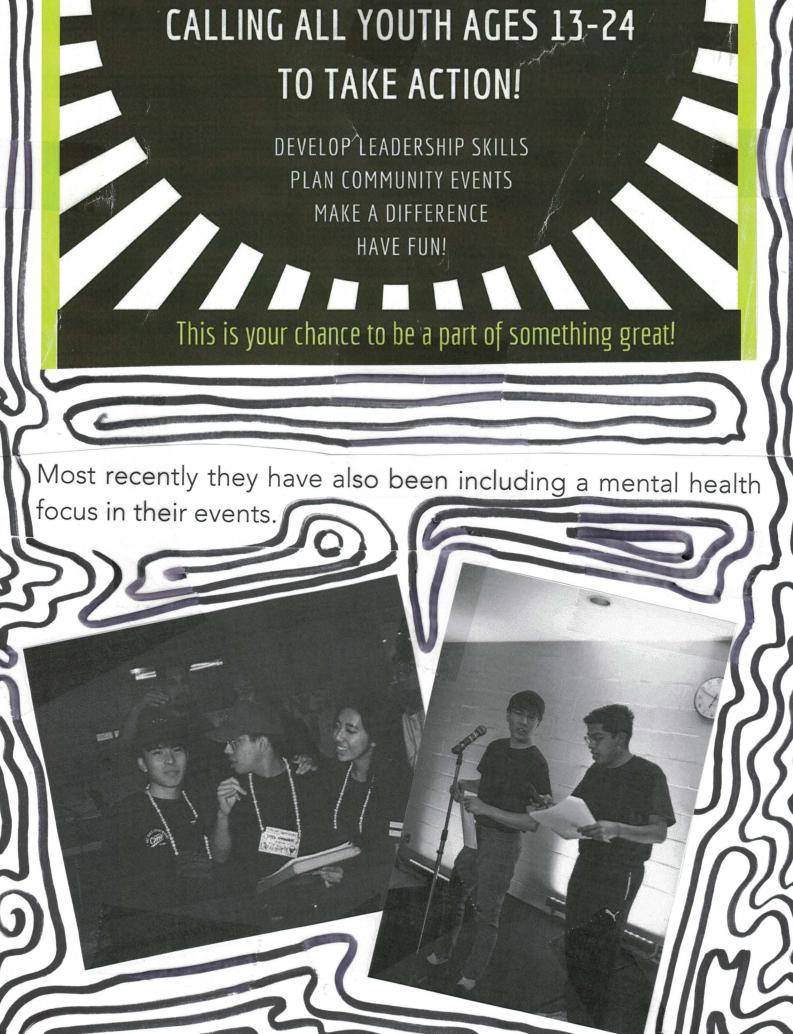














Culture Shock is a youth dance competition where Hip Hop comes alive. If you want to see DJ's scratching records, youth spinning on their heads, and rappers creating lyrics out of thin air, this is where you need to be.



by and led by Youth Voices and is hosted in Northeast Calgary annually. This event started with Youth Voices asking the question, "How come we have zero urban dance events in the North East? Instead of complaining about it, we decided to organize and do something about it."

Voices will be holding the 5th annual culture shock in September 2019 and this year they are bringing an All-Styles component into the event. In this competition, newer dancers are partnered with veteran dancers. They compete together. Partnering new dancers with more experienced dancers allows youths the opportunity to create friendships and deepen their connection to the wider dance community.



Cast your shadows

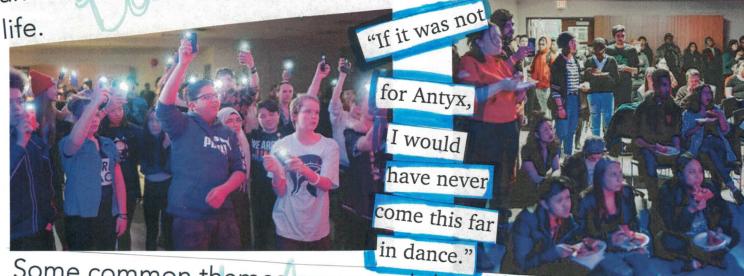
On February 2, 2019, the Antyx Youth Voices team planned and hosted a three-hour all-ages performance showcase event at the Genesis Centre in Northeast Calgary



With over 150 different community members of all ages in attendance, Youth Voices showcased a variety of acts that featured dance, song, rap, spoken word poetry, DJ'ing, and other music-based performances from both amateur youth and local professional artists.

Performers were selected and encouraged to perform content that illustrated the importance of their artistic expression to their mental health and conversely, the impact of their mental health on the kind of art that they create. Artists shared with the audience their personal stories regarding various struggles with mental health (E.g. illness, regard

Spoken wou



Some common themes expressed during the event were how art/performance can be used to articulate/express difficult experiences and emotions. By creating spaces where art can be displayed and celebrated, connections amongst people can be formed and foster a sense of community.

There were social media activities, networking opportunities, and fun icebreaker prizes with donated mental health-themed bracelets, merchandise, and resources to encourage attendees to talk and connect with another. Attendees were treated to a fun night of music, dance, performance, and community engagement that was funded by a micro-grant from Rising Youth.

LABELLED



On an unexpectedly snowy afternoon on Saturday, April 27th, 2019, Action Dignity & Antyx Community Arts debuted "Labelled: An Interactive Youth Showcase" in downtown Calgary's Engineered Air Theatre at Arts Commons. Cabelled' was a 90- minute showcase that featured stories of 'Labelled' was a 90- minute showcase that featured stories of spoken word poetry, dramatic monologues, and comedic spoken word poetry, dramatic monologues, and comedic sketches that were written and performed by over 20 youth sketches that were written and performed by over 20 youth Action Dignity's Youth PLACE (Platform for Learning, Action and Community Engagement) program.



The Youth PLACE mandate is to engage racialized youth, aged 13 -24, to inform, create, incubate and implement approaches to address the systemic and day-to-day barriers that they face especially around discrimination, racism and prejudice. The group had been having weekly meetings since November 2017's successful theatre show of "Our Canada, Our Story" in which Antyx played a big part in directing the youth component.

Over the course of three months leading up to the premiere of "Labelled" Antyx had worked with Action Dignity



facilitators and Youth PLACE members to create, direct, and produce the theatre show in a way that allowed the youth to

tell their stories.

STORY TELLING

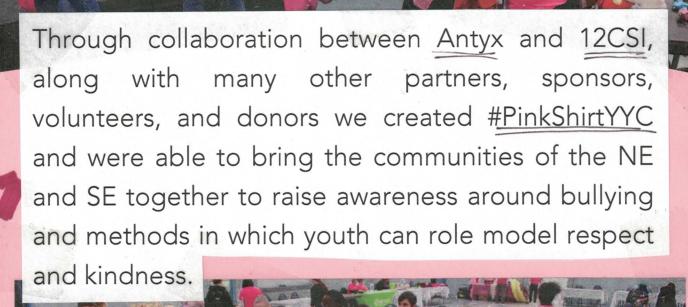
Youth explored their reactions and thoughts through discussions as they related to intensive issues such as systemic racism, colonialism, intergenerational trauma, and sexism. Ultimately, the youth set out to ask themselves how can we as individuals create safer spaces to both

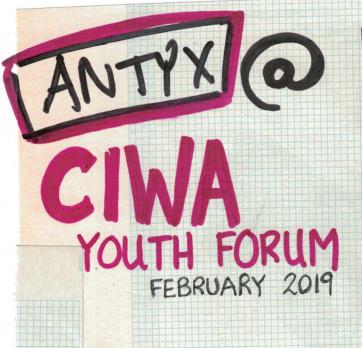
acknowledge the truth and pains of the past, empowering ourselves in the present, and to move forward with hope for the future? "Labelled" premiered to an audience of approximately 150 people over the course of two shows.



Anti-Bullying Day # PINKSHIRT YYC

We hosted our 3rd annual Pink Shirt Day event in February, which was a youth conference style event with breakout sessions, booths and drop in activities.

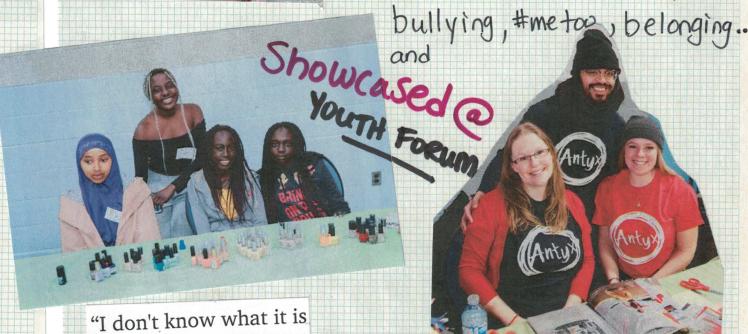








Antyx worked with Ciwa youth groups to make Thort videos on identity,

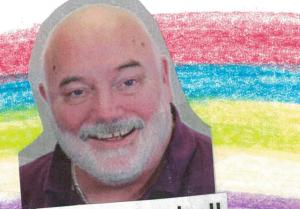


but I feel so comfortable here."









Richard Campbell

Executive Artistic Director





Stephanie Banszky

Community Engagement Coordinator





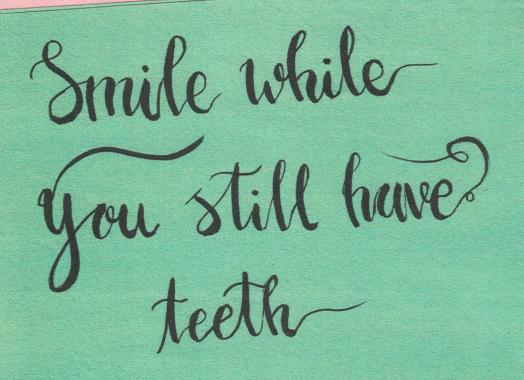
Alia Shahab Community Arts Facilitator





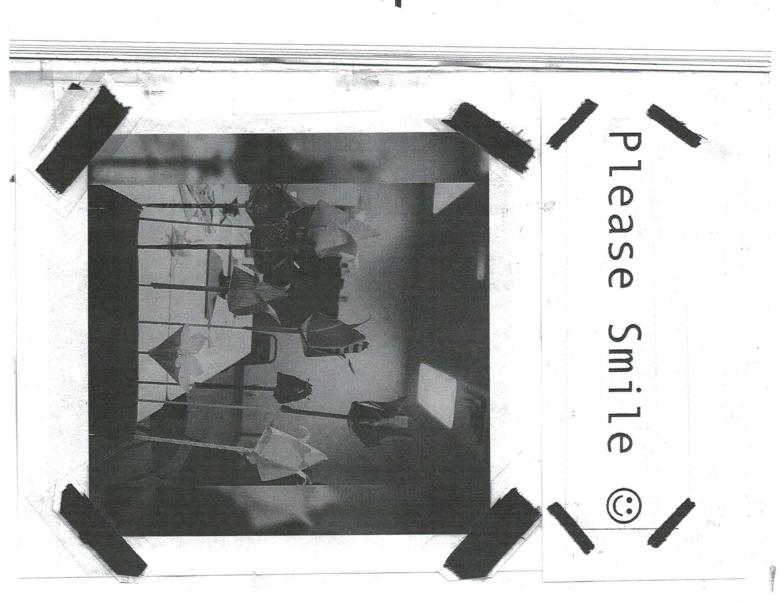








GREY ZONE 1





We are grateful that we had the opportunity to work with these talented artists in 2018/19:

Amy Badry
Andrew Oliver
Braden Lyster
Chantal Stormsong Chagnon
Jasen Canul
Jenna Rogers

Ali Deregt

Jon Salimbacod Kevin Jesuino Krystal Shuhyta Leah Roy Miguel Vasquez



Noor Sayadi
Rebecca Dawn
Robert Wong
Ryan Guzman
Ryan Koelwyn
Shandie Ta
Siah Go
Tek Kong
Tiziano Lombardo
Ty Flemming
Vincent Joachim
Zoe Slusar

Additional thanks to Elder Hal Eagletail from the Northern Dene, Tsuu T'ina Nation.



We also had some amazing practicum students in 2018/19!. We are very grateful for all the hard work these kind, caring and thoughtful individuals did last year. Their commitment made a difference in many lives of youth.



Volunteers

Antyx can't operate without the help of an excellent team of volunteers. Everything from our programs, events, and even our board is run with their assistance. We would like to thank the time and commitment of this amazing team

Youth Voices crew- Aaron Trong, Eric Albert, Shandie Ta, Jasen Canul including:

Rebecca Smyth

Abby Frank

Noor Sayadi

Ryan Koelwyn

Ryan Tang

Paul Magnusson

Roxanne Pham

Madelaine Robillard

Youth Central Volunteers

Kiran, Rani, Hafsa, Makayla, Josh

Mathias, Israel, Kai

Ashrang, Hiba, Aamna



Thank You!

Antyx Board of Directors 2018-19

Barbara Ball: President

Ami Kenzo: Secretary

Matthew Watt: Treasurer

Dylan Jones: Past President

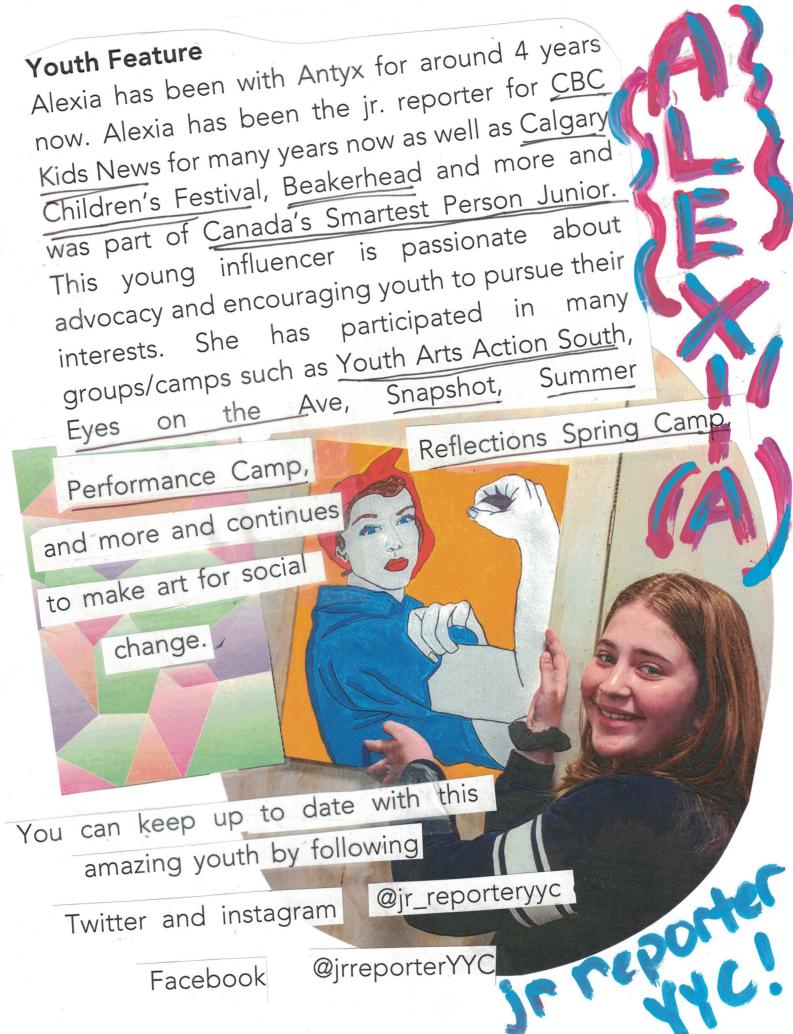
Allan Nielsen: Director

Daniel Pisterzi: Director

Robert Toth: Director

Bassem Hafez: Director

Sara Stepa: Director





OUR PARTNERS!

Partnership and collaboration allow us to reach more youth and have greater impact in the community. All of our work **Partners** depends on the support of community groups, social service agencies and schools. In the past year Antyx worked with 47+ different community partners and delivered workshops or programs in 20 schools. We also engaged 24+ talented artists who allowed us to engage more youth in a wide variety of community arts projects.

We thank the following agencies and organizations for their

partnership and support in the past year:

1000 Voices

12 Community Safety

Initiatives

Action Dignity

Art Goes Everywhere

Aspen Family and

Community Network Society

Awo Taan

Bow Valley College

Boys and Girls Clubs of

Calgary

Calgary Afterschool

Calgary Bridge Foundation

Calgary Immigrant Women's

Association





Calgary Parks Foundation Calgary Public Library Calgary Sexual Health Canadian Cultural Mosaic Society

Centre for Newcomers Cornerstone Youth

Distress Centre Duke of Edinburgh Awards

Falconridge Community

Centre

Femme Wave Arts Festival

Foodbank Genesis Centre Globalfest Hull Services Immigrant Services Calgary International Ave BRZ John Howard Society Jubilee Auditorium Leftovers Legacy Children's Foundation Mustard Seed









